

YOUR AFTER-CARE

instructions

My Dearest Client,

Thank you so much for entrusting your skin with me. Now that we are through with your session, what happens next entirely depends on your aftercare. To prevent any infection, please take your time to read and follow this aftercare.

Jana

01

DURING THE FIRST 48 HOURS

- ✓ Wash the area at least twice a day with antiseptic soap (provided in your after-care pack)
- ✓ Dry the area with clean tissues.
- ✓ Apply thin layer of moisturiser every 2 hours
- ✓ Protect the treated area by always wearing clean, loose shirt /pants / dress/pyjamas
- ✓ Clean pillow case and sheets for bed day of treatment.
- ✓ Always apply a thin layer of moisturiser before showering.

**CAMOUFLAGE CLIENTS:
Please keep your aftercare
balm as you will need it
again after your touch up.**

ROUTINE FOR 7 DAYS

02

Every 4 to 6 hours, apply moisturiser in the treated area, stimulating the camouflage scar/stretch marks' healing.



DURING THE FIRST 10 DAYS

Never Scratch or remove scabs - if itchy ,apply more aftercare balm. It is important that IF there is any protective scabs that they stay on during the healing process. Do not take immersion baths, avoid swimming pool, beach, bathtub, spa. NO saunas
No excessive sweating
No excessive heat, suffocation or friction, rubbing of the treated area.
AVOID Tight clothes ie: Jeggings, super tight jeans and tops.

Please expect the camouflage / needle treated area to be red for a couple of weeks, expect itching as the skin heals.

After which, the area will turn dark; this is normal and part of the healing process. You will see the actual result after 1 to 2 months, depending on how fast you heal.

Please schedule your follow-up appointment for 3 weeks after inkless and 4 weeks after camouflage procedure so we can monitor your progress. Please send photo updates.

Follow up LED sessions will be required to stimulate blood circulation and lymphatic flow through the area. The number required will vary from person to person / area to area.

As discussed during the consultation, multiple sessions maybe required to achieve results.

Always message with ANY concern or questions along the way so we can best support you. In an emergency please seek medical advice and be sure to let me know.

SWELLING

Excessive swelling - Although rare, excessive swelling or allergic reaction may occur. If excessive swelling occurs, you should consult your doctor. If any allergic reaction causes difficulty breathing and/or swelling, call 000 or go to the Emergency room immediately.

CAMO TOUCH-UPS

A touch-up will be required after the first camouflage procedure. Please book your touch up within 3 months of the initial procedure.

TANNING is strictly forbidden for the next 30 -40 days.

- ⊘ No Fake Tans for at least 5 weeks after and at least 3 weeks before camouflage treatment.
- ⊘ No swimming in chlorinated pools for 3 weeks after treatment.
- ⊘ No direct sun or sun tanning beds for 6 weeks after camouflage treatment.



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